



The Children's Hospital Trust
Tel: +27 (0)21 686 7860
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Suite 259, Postnet X18, Rondebosch,
Cape Town, 7701, South Africa

Trust No T297/94
PBO No 930 004 493



The Red Cross War Memorial Children's Hospital **Cape Town, South Africa**

The idea to build the Red Cross War Memorial Children's Hospital goes back to World War II when a group of South African soldiers resolved that, once they had returned home, they would create a place of healing to honour their fallen comrades.

The Hospital had relatively humble beginnings when it opened in 1956, but today, more than 50 years on, it is a cornerstone of paediatric health care in southern Africa and is the only stand alone, specialist hospital in southern Africa dedicated entirely to children. Patients include the sickest of sick children who need highly complex interventions to recover. The Hospital provides training to paediatric health care professionals from the entire sub-continent and does important research into the illnesses of childhood.

While the Red Cross War Memorial Children's Hospital is a leader on the African continent in caring for the sickest children, it is more than 50 years old. There will always be a need to maintain buildings, purchase new technology, continue research, train health care professionals, refine treatment models for a host of childhood diseases and address the growing spectre of HIV infection and AIDS in children.

Each year the Hospital manages on average 250 000 patient visits comprising 170 000 outpatient visits, over 22 000 inpatient admissions and approximately 52 000 patient visits to Allied Health professionals which includes Clinical Psychology, Diabetic Education, Dietetics, Occupational Therapy, Physiotherapy, Social Work, Speech Therapy, Audiology, Stomatherapy and Tracheostomy Care. The Hospital has 290 beds for inpatients and 73 outpatient clinics. Despite the enormous workload, the Hospital aims to never turn any sick child away.

The Children's Hospital Trust

The Children's Hospital Trust is the independent Fundraising Arm of the Red Cross War Memorial Children's Hospital, proudly assisting the Hospital since 1994 to upgrade its buildings and equipment and to develop its professional staff.

For more than a decade the Trust has proudly guaranteed its benefactors that every cent they give goes directly to the Hospital, not a single cent is spent on administration costs.

The Trust is a non-profit organisation that relies on the benevolence of donors to realise its aims and objectives. It enjoys a record of sound financial administration and good governance, but whilst it has raised funds to address many pressing needs, much has yet to be done.

The Fundraising Arm Of The Red Cross War Memorial Children's Hospital

PATRONS: Mr C Beatty, Ms A Bloch, Mr D Cloete-Hopkins, Mrs C Cormack (MBE), Emeritus Prof S Cywes, Dr M Ramphela, Dr C Wiese

TRUSTEES: Mr U Ahmed, Emeritus Prof DW Beatty, Mr JA Bester, Mrs I Franzen, Mr RC Gordon, Mr P James,
Prof C Motala, Mr CB Niland, Mr T Pasiwe, Emeritus Prof H Rode, Dr T Sutcliffe



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Why Support The Red Cross War Memorial Children's Hospital?

- For the last half century the Hospital has stood out as the most remarkable servant of children's health and has never closed its doors on a sick child. It is often *the* only place that Africa's needy and sickest children can find the specialized medical help they need.
- The majority of the Hospital's patients are from the Western Cape, with cases from the rest of South Africa, Africa and rare instances, the rest of the world. The majority are from poor and marginalised communities and a third of these sick children are under a year old.
- Patients include the sickest of sick children; children who, almost without exception, need highly complex interventions to recover.
- The Hospital also provides training to paediatric health care professionals from the entire sub-continent and does important research into the illnesses of childhood. In association with the University of Cape Town's Health Sciences Faculty, it is a major centre of learning with the School of Child and Adolescent Health (SCAH) on the campus. A wide range of paediatric disciplines are taught and the research done here is particularly relevant because it is set in the South African context and, as such, contributes enormously to the advancement of children's health in developing countries worldwide.
- Over the last 53 years the Hospital has grown, not only in physical infrastructure, but also in stature and standing. Scientifically, it is recognised, nationally and internationally, as a focal point of paediatric excellence in southern Africa.

Key Facts

- The Red Cross War Memorial Children's Hospital was completed in 1956 and celebrated its 53rd birthday in 2009.
- The Hospital is the only stand alone, specialist paediatric hospital in southern Africa dedicated entirely to children.
- The Hospital is a public tertiary and secondary level hospital managed by the Department of Health of the Provincial Government of the Western Cape (PGWC) with an operational budget of R359million (\$43 million) for the 2008/2009 financial year. The Children's Hospital Trust works in partnership with the Department of Health on specific projects.
- The Red Cross War Memorial Children's Hospital manages approximately 250 000 patient visits a year.
- The Hospital has approximately 1,000 staff.
- It is also an academic hospital, being part of the University of Cape Town's Institute of Child Health.
- For more than 50 years the Hospital/University staff have pioneered excellent care for children regardless of race, colour or creed.

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The Red Cross War Memorial Children's Hospital is exceptionally proud of its long list of successes and milestones within paediatric care on the continent:

- The first open-heart surgery on a child in South Africa and the first paediatric heart transplant in South Africa.
- The first liver transplant programme for children in Africa. Since 1987 94 liver transplants have been performed.
- The first combined liver and kidney transplant on a child in South Africa. To date four combined liver & kidney transplants have been performed.
- The first living-related liver transplant in South Africa.
- 180 kidney transplants have been performed since 1968
- The first successful separation of conjoined-twins in South Africa. Since 1964 48 sets of conjoined twins have been assessed.
- The first dedicated "Drip Room" or rehydration programme for infants with gastroenteritis in South Africa.
- The first successful home ventilation of a patient South Africa and one of the longest successful treatment programmes in the world.
- The first, and only, tracheotomy home care management programme in South Africa that has enabled children with these problems to be managed at home for the first time
- The first management of neonates with tetanus using paralysis and ventilation techniques in South Africa.
- The first paediatric Cardiac Catheter Laboratory in South Africa, providing assessments for corrective heart surgery.
- The first paediatric Electroencephalogram Laboratory in South Africa assisting in the assessment of neurological disorders including epilepsy.
- The first neonatal surgery unit in South Africa.
- The first paediatric Intensive Care Unit in Africa.
- The first specialised paediatric respiratory service in South Africa.
- The first dedicated children's cancer service in South Africa.
- The first Poisons Information Centre in South Africa.
- The first and only, dedicated paediatric trauma centre in South Africa.
- The first tertiary Hospital in South Africa to host a Paediatric Clinical Nurse Associate and Clinical Nurse Practitioner programme.
- The first and only centre for child accident prevention in South Africa – Childsafe.
- The first Family Resource Centre in South Africa. The Centre is managed by the volunteer organization; Friends of the Children's Hospital Association.

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helping our children get better.

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The Children's Hospital Trust was set up in 1994 as an independent entity, to furnish the Hospital with much needed upgrading of facilities and equipment. It was the first of its kind in South Africa.

Working with Supporters and Hospital staff, the Children's Hospital Trust has:

- Rebuilt the whole outpatients wing, including Accident and Emergency and the Trauma Unit
- Rebuilt and extended the Oncology Unit
- Upgraded and extended several wards
- Provided critical equipment ranging from a new CT Scanner through to heart monitoring machines
- Raised funds for the construction and upgrade of the existing operating theatres. Construction began in March 2007 and by September 2009 the Hospital will be equipped with 8 state-of-the-art operating theatres. Three of these will be dedicated and digitalised.
- Launched a Nurses Paediatric Training Course and bursaries for up to 40 nurses per annum, starting January 2008 to address the chronic shortage of skilled nursing staff in South Africa. The current ratio is 1 trained nurse for every 1000 children as opposed to 480 as recommended by W.H.O. Requires R31 million (\$ 4.5 million) over 5 years to become sustainable.
- Currently raising funds to upgrade the surgical ward and other critical upgrade projects.

Contact Details

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Bank Details

Local donations

The Children's Hospital Trust
Bank: Standard Bank
Branch: Rondebosch
Account: 07144 3126
Branch code: 025-009

Please fax your deposit slip and contact details to (021) 686 7861

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International donations

The Children's Hospital Trust

Bank: Standard Bank

Branch: Rondebosch

Account: 071 433 090

Branch code: 025 009 11

Swift code: SBZAJJ

Bank telephone number: +27 21 680 4729

Please fax your deposit slip and contact details to + 27 21 686 7861

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